



Congratulations on the birth of your new sister!

This is a very exciting time for you and your family. The joy and excitement of adding a new baby to your family brings along with it important responsibilities for you as a big sibling.

You will play an important role in helping your parents care for the new baby. This book is all about safety during sleep time, and will teach you about ways to help your parents protect your baby sister when she goes to sleep. Congratulations again on becoming a big sibling, and thank you for being a helper during this important time!

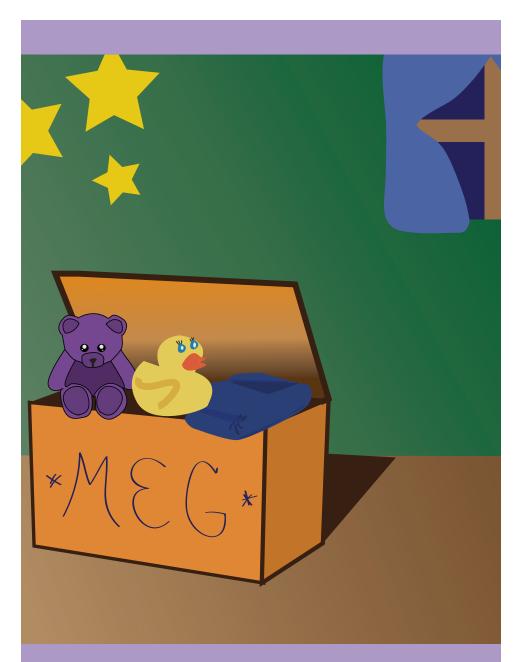
Marian T. Ryan
District Attorney
Middlesex County



My baby sister Meg, so safe and warm, sleeps in this crib, no harm.



No blankets, no toys, no bumpers, no pillows.



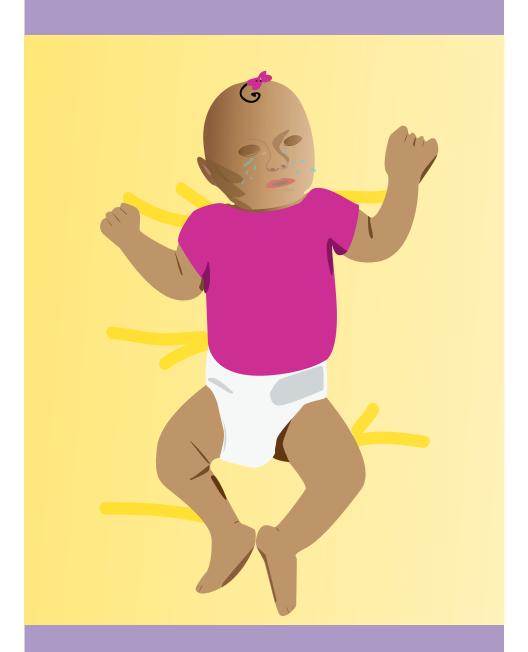
In Meg's nursery, all toys away; better safe than sorry.



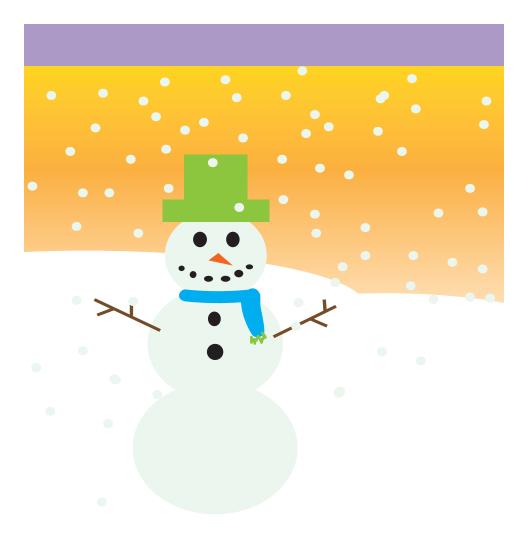
Just her on a sheet, and everything's complete.



Mommy in her bed, separate from baby Meg.



Meg's cries and screams will turn into sweet dreams.



Winter cold and chilly, don't be silly.



Don't over heat Meg; keep her safe in bed.



Leave her on her back, or safe sleep will lack.



In her OWN crib is cousin Peg; it's important not to co-bed.





In the middle of the night,
Meg's settled in all right.





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