

Water Safety

Actively supervise children **AT ALL TIMES.**

NEVER leave a child alone near any body of water.

Teach children to swim and about water safety.

Learn the signs of drowning.

School-aged children are most vulnerable in open bodies of water like ponds, lakes, rivers and oceans.

NEVER swim alone.

Provide locked safety barriers for swimming area when not in use.

Keep climbable objects away from safety barriers.

Landscaping water features like koi ponds and waterfalls are safety hazards, too.



Splash Into a Safe Swim Season!

Window Safety

Lock all unopened windows.

Open windows from the top down if possible.

Keep toys and climbable furniture such as beds and sofas away from windows.

Install window stops to prevent windows from opening more than 4 inches.

Install window guards with a quick-release feature for emergencies.

Plant shrubs or place other soft material under windows to cushion potential falls.

Don't rely on screens to protect your child—screens are designed to keep bugs out, not children in.

Kids Can't Fly!

Protect your child from window falls



Car Safety

NEVER leave children alone in a parked vehicle, even if they are asleep or restrained, or the windows are open.

Do things to remind yourself a child is in the vehicle, such as placing your purse or other items you need in the back seat.

Always lock your car and keep the keys out of children's reach.

If a child is missing, check the vehicle first, including the trunk.

Ensure adequate supervision when children are playing in areas near parked motor vehicles.

Ask your childcare provider to call you if your child does not show up for childcare.

Check the Back Seat:

Protect your child from overheating



On an 80° day, even with the windows cracked open, the inside of a car can reach 110° in as little as 10 minutes.

5,000 children a year are hospitalized in drowning-related accidents: 15% die; 20% are permanently brain damaged.

On average, 14 children a day are injured in window falls. The most common injuries are head/brain trauma and extremity fractures. For 15-20 children each year, the falls are fatal.

The National Highway Traffic Safety Administration estimates a closed car — sitting in the summer sun — quickly rises from 78° to 100° in just 3 minutes and to 125° in 6-8 minutes.

Learn More

Middlesex District Attorney
www.middlesexda.com

Middlesex Childrens Advocacy Center
www.middlesexcac.org

Safe Kids
www.safekids.org

Massachusetts Department of Health and Human Services
www.mass.gov/eohhs/consumer/wellness/injury-prevention/

National Safety Council
www.nsc.org

Keep Kids Safe: Summer Safety Tips



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