

# Christopher Lloyd Myers

## **PART I: General Information**

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**Name:** Christopher Lloyd Myers, M.D., M.P.H & T.M.

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**Place of Birth:** Chicago, Illinois

### **Education:**

1993-1998 University of Notre Dame, B.A., Magna Cum Laude, Majors in Film, History, and Pre-professional Studies  
1998 Northwestern University, Post-baccalaureate studies, no degree  
1999-2003 Tulane University School of Medicine, M.D.  
1999-2003 Tulane University School of Public Health and Tropical Medicine, M.P.H & T.M (Master of Public Health and Tropical Medicine), in conjunction with M.D.

### **Postdoctoral Training:**

2003-2007 Resident, Adult Psychiatry, The University of Chicago Hospitals  
2007-2008 Fellow, Student Mental Health, The University of Chicago Hospitals  
2007-2008 Fellowship in Psychoanalysis, The Chicago Institute for Psychoanalysis  
2008-2009 Fellow, Forensic Psychiatry, Harvard Medical School/Massachusetts General Hospital

### **Licensure and Certification:**

2007 Full Medical License, State of Illinois, #036.118680  
2008 Full Medical License, Commonwealth of Massachusetts, #234992  
2010 Full Medical License, State of California, #A11311  
2008 Diplomate, American Board of Psychiatry and Neurology, Psychiatry, Certificate # 58405  
2011 Diplomate, American Board of Psychiatry and Neurology, Forensic Psychiatry, Certificate # 1892

**Academic Appointments:**

- 2008-2009 Clinical Fellow in Psychiatry, Harvard Medical School  
2011- Affiliate in Psychiatry, University of Massachusetts Medical School

**Hospital Appointments:**

- 2003-2007 Resident in Adult Psychiatry, The University of Chicago Hospitals  
2006-2007 Chief Resident, W-3 Inpatient Unit, The University of Chicago Hospitals  
2007-2008 Fellow in Student Mental Health, The University of Chicago Hospitals  
2009 Medical Director, Highpoint Treatment Center, Plymouth, MA  
2009-2013 Staff Psychiatrist, Bridgewater State Hospital, Bridgewater, MA  
2013- 2015 Deputy Medical Director, Bridgewater State Hospital, Bridgewater, MA  
2015- 2017 Medical Director, Bridgewater State Hospital, Bridgewater, MA  
2017- Medical Executive Director, Bridgewater State Hospital, Bridgewater, MA

**Affiliated Institution Committee Assignments:**

- 2005-2006 Graduate Medical Education Committee, The University of Chicago Hospitals, Member  
2006-2007 Emergency Medicine Internal Review, The University of Chicago Hospitals, Member  
2006-2007 Administrative Committee, W-3 Inpatient Unit, The University of Chicago Hospitals, Member  
2006-2007 Physician-Nurse Relationship Committee, W-3 Inpatient Unit, The University of Chicago Hospitals, Member  
2010 Legal and Ethics Committee, Bridgewater State Hospital, Member  
2014-2015 Professional Executive Committee, Bridgewater State Hospital, Member  
2015- Professional Executive Committee, Bridgewater State Hospital, Chair  
2015- Credentialing Committee, Bridgewater State Hospital, Chair  
2015- Medical Records Committee, Bridgewater State Hospital, Chair  
2015- Patient Care Assessment Committee, Bridgewater State Hospital, Chair  
2015- Care, Treatment and Services Chapter of The Joint Commission Comprehensive Accreditation Manual for Behavioral Health Care, Co-Chair  
2015- Hospital Executive Committee, Bridgewater State Hospital, Member  
2015- Governing Body, Bridgewater State Hospital, Member  
2015- Department of Correction Health Services Executive Staff Monthly Meeting, Member  
2015- Bridgewater State Hospital/Department of Mental Health Quarterly Meeting, Member  
2017- Seclusion and Restraint Oversight Committee, Chair

**Professional Societies:**

- 2001-2003 American Medical Association, Student Member  
2002- Alpha Omega Alpha, Member  
2006-2007 American Academy of Child and Adolescent Psychiatry, Resident Member  
2007-2008 American Medical Association, Member  
2008-2010 American Psychiatric Association

- 2008-2010 Massachusetts Psychiatric Society  
2008- American Academy of Psychiatry and the Law  
2008-9 American Society of Adolescent Psychiatry, Member  
2009-2010 American Society of Adolescent Psychiatry, Member-at-Large

**Awards and Honors:**

- 1998 Alpha Epsilon Delta Pre-Medical Honor Society, The University of Notre Dame  
2000 Tulane University School of Public Health Scholarship, Full Tuition Waiver to Pursue a Master of Public Health (in conjunction with M.D.)  
2001 The Rudolph Matas Award, Tulane University School of Medicine, for the Most Outstanding Paper on the History of Medicine  
2003 Alpha Omega Alpha Medical Honor Society, Tulane University School of Medicine  
2004 Excellence in Patient Care Award, The University of Chicago Eating Disorders Psychopharmacology Clinic  
2009 The Richard Rosner Award for the Best Paper by a Fellow in Forensic Psychiatry

**PART II: Research, Teaching, and Clinical Contributions**

**Narrative Report:**

My training in General Adult Psychiatry was completed at the University of Chicago Hospitals where I served as Chief Resident of the Inpatient Service during my fourth and final year of training. As Chief Resident I was responsible for the teaching and supervision of junior residents and medical students on the inpatient unit, working closely with nursing and administrative staff to identify and resolve conflict, and for fostering a collaborative working environment. Following my residency, I pursued a fellowship in student mental health at the University of Chicago Hospitals, where I provided care to the graduate and undergraduate students of the University of Chicago, served as a liaison to the University of Chicago administration, and educated University of Chicago community members about student mental health.

Following my training at the University of Chicago, I completed a fellowship in forensic psychiatry at the Harvard Medical School/Massachusetts General Hospital Forensic Psychiatry Fellowship. In addition to fulfilling the requirements of this ACGME-Accredited training program, I pursued extensive research and specialized training in the treatment of sex offenders.

I am presently working as the Medical Director of Bridgewater State Hospital (BSH) and serve as an Affiliate in Psychiatry at the University of Massachusetts Medical School. My responsibilities as Medical Director include functioning as the responsible health authority for medical and psychiatric care at Bridgewater State Hospital and ensuring that appropriate psychiatric care, medical care and allied professional services are provided to all patients at the hospital. In this role I lead interdisciplinary case conferences to determine the suitability of patients for discharge from the hospital, work with the Massachusetts Department of Health (DMH) in facilitating transfers from

Bridgewater State Hospital to DMH facilities and assist in developing treatment plans for the hospital's more complex patients. I work collaboratively with the Superintendent of BSH and the BSH Hospital Administrator in order to perform strategic planning, further the goals of the hospital, support security interests and maintain accreditation by The Joint Commission and American Correctional Association. With the assistance of hospital and departmental leadership I also help facilitate hospital-wide trainings to further staff development and was instrumental in leading an initiative by Governor Baker to reduce Seclusion and Restraint at BSH while implementing a trauma informed patient centered modality of care. Finally, I maintain clinical responsibilities at BSH including the evaluation, diagnosis, and treatment of patients who are either undergoing court-ordered forensic evaluations or are committed to the hospital. In addition, when indicated I submit affidavits, prepare treatment plans, and testify in court for those patients who need court-authorized antipsychotic treatment or electroconvulsive treatment.

My responsibilities as an Affiliate in Psychiatry at the University of Massachusetts Medical School include the supervision and training of Fellows in Forensic Psychiatry. This includes training the fellow in the appropriate psychopharmacologic and psychotherapeutic treatment of psychiatric patients at Bridgewater State Hospital. In addition, I supervise the fellow in preparing affidavits and testifying for the involuntary treatment of these patients when indicated. Finally, I provide informal and formal supervision on a variety of issues relevant to the practice of Forensic Psychiatry including forensic evaluations, forensic report writing, and landmark forensic cases.

**Teaching: National contributions**

- 2008 Poster, Psychiatry Residency Training and the Paraphilias, American Academy of Psychiatry and the Law Annual Meeting, Seattle, WA
- 2008 Lecture, The Adolescent Sex Offender, in Panel entitled Rebels, Rapists and Rifles: Risk Assessment of Troubled Teens, American Academy of Psychiatry and the Law Annual Meeting, Seattle, WA
- 2009 Poster, Psychiatry Residency Training and the Paraphilias, American Academy of Psychiatry and the Law Annual Meeting, Baltimore, MD
- 2009 Poster, The Elderly Sex Offender, American Academy of Psychiatry and the Law Annual Meeting, Baltimore, MD
- 2009 Poster, Current Standards of Violence Risk Assessment, American Academy of Psychiatry and the Law Annual Meeting, Baltimore, MD
- 2009 Poster, Sexual Homicide: A Review of the Literature, American Academy of Psychiatry and the Law Annual Meeting, Baltimore, MD
- 2010 Research in Progress Lecture: Psychiatry Residency Training and the Paraphilias, American Academy of Psychiatry and the Law Annual Meeting, Tucson, AZ
- 2017 Lecture, Interviewing the Sexual Assault Victim, in Panel entitled Understanding the Impact and Psychology of Sexual Assault Trauma, PREA Conference 2017, Boston, MA

- 2017 Panel, "Is Treatment Delayed, Treatment Denied", Jhilam Biswas, MD; Christopher Myers, MD, MPH&TM; Eric Drogan, MD, PhD; Thomas Guthiel, MD, American Academy of Psychiatry and the Law Annual Meeting, Denver, CO
- 2019 Panel, "The Courage to Connect: Recovery Dialogues as a Format for Promoting Institutional Culture Change in a Forensic Psychiatric Hospital" Benjamin Cooley-Hall, Psy.D; Christopher Myers, MD, MPH&TM; Anthony Pavlo, PhD, American Society of Humanistic Psychology Annual Meeting, Corvallis, OR
- 2019 Panel, "Is Treatment Delayed, Treatment Denied", Jhilam Biswas, MD; Christopher Myers, MD, MPH&TM; Eric Drogan, MD, PhD; Thomas Guthiel, MD; Pamela Howard, MD, MBA, International Academy of Law and Mental Health, Rome, Italy

**Teaching: Local contributions**

- 2005 Lecture, "Overview of Dementias", MacNeal Hospital, Berwyn, IL
- 2006-2007 Morning Teaching Rounds (three times weekly), The University of Chicago Hospitals W-3 Inpatient Psychiatry Unit
- 2007 Lecture, "Geriatric Psychiatry", The University of Chicago Pritzker School of Medicine Core Psychiatry Clerkship
- 2007 Grand Rounds, The University of Chicago Hospitals Department of Psychiatry, "Not Guilty by Reason of Insanity: The Clinical Dilemma of Conditional Release and Predicting Future Violence."
- 2007 Senior Research Presentation, "The Effects of Propofol and Remifentanyl on Seizure Parameters in Electroconvulsive Therapy", The University of Chicago Department of Psychiatry
- 2007 Workshop, "How to Deal with Psychological Emergencies", The University of Chicago Resident Head/Resident Assistant Housing Orientation
- 2008 Lecture, "Early Interpersonal Experience on Brain Development", The University of Chicago Academic Advisors Staff Development Day
- 2008 Workshop, "Combating Burnout in Medical School", The University of Chicago Pritzker School of Medicine First Year Medical Student Symposium
- 2009 Landmark Case Seminar, "Civil Commitment Part II", Massachusetts General Hospital Law and Psychiatry Service
- 2009 Recent Court Decisions, "Commonwealth v. Vandivner", Massachusetts General Hospital Children and the Law Service

- 2013- Yearly lecture for social work and psychology interns,  
"Psychopharmacology", Bridgewater State Hospital
- 2016 Lecture to Massachusetts Department of Mental Health DMH Area Medical  
Directors and Facility Medical Directors, "Bridgewater State Hospital and  
Correctional Psychiatry"
- 2016- Yearly lecture to Harvard/Cambridge Hospital Residency Program,  
"Correctional Psychiatry"
- 2017 Lecture, "Mental Illness and Incarceration", Northeastern University,  
Boston, MA
- 2019 Lecture, "Correctional Psychiatry", Boston University Psychiatry Residency  
PGY-2 lecture
- 2021 Lecture series, "Psychopharmacology", Massachusetts Department of  
Correction Crisis Intervention Team, Milford, MA
- 2022 "Specialty Treatments in Forensic Settings: Individuals found Not Guilty by  
Reason of Insanity", Massachusetts Department of Correction Statewide  
Clinical Grand Rounds, (via Zoom)

### **PART III: Bibliography**

#### **Original Articles:**

Myers, CL. and Dinwiddie, SH. ECT in a Man With FG Syndrome. The Journal  
of ECT. 2007; Mar; 23 (1): 33-35.

Myers CL, Gopalka AJ, Glick D, Goldman M and Dinwiddie SH. A Case of  
Negative Pressure Pulmonary Edema in a Patient Undergoing  
Electroconvulsive Therapy. The Journal of ECT; Dec; 23 (4): 281-3.