

The Front-Line Initiative

A Regional Police Mental Health Collaborative

What is the Front-Line Initiative?

We are a regional police mental health collaborative consisting of the police departments of Tewksbury, Billerica, Chelmsford, Dracut & Tyngsborough along with Beth Israel Lahey Health Behavioral Services and other community partners.

Our Commitment:

O To serve Our communities and provide direct connection to behavioral health and substance use services in a whole-person, trauma-informed way. Our focus is on supporting you the community; Our approach to this is three tiered: prevention, crisis response, and recovery. Our programming in these key areas provide access to clinical staff, peer support, and educational opportunities to all members of the communities we serve regardless of insurance, socioeconomic status, gender identity, sexual preference, age, race, and there is not a requirement that you are police involved.













A Brief History

- Partnership formed in 2016 between Tewksbury, Billerica, Chelmsford & Dracut to form a Pre-Arrest Jail Diversion Program
- Partnership formed in 2016 with Beth Israel Lahey Health Behavioral Services to provide access to master's level crisis clinicians imbedded with Police Departments
- 2016/17 Received DMH Funding for a Full-Time Co-Response Master's Level Clinician
- 2018 Launched data driven co-response across all towns
- 2019 Received Expansion Funding from Bureau of Justice Assistance to expand the innovative data-driven work being done by the departments and to expand partnership
- 2020 Formation of PMHC, addition of Tyngsborough, hiring of Regional Director

Our Services

- O Prevention
 - O MHFA, CIT and Advanced Trainings for Officers
 - O Community Trainings (Mental Health & Substance Use)
 - Youth Prevention
 - Community Outreach
- Crisis Response
 - O Pre-Arrest Jail Diversion Program
 - O Co-Response w/Officers (soon expanding to have 2 clinicians)
- Recovery Support
 - O Peer Support
 - Recovery Coaches (Substance Use)
 - Clinical Interns (LADC, LMHC, LCSW)
 - MH Peer Specialist (coming soon!)

What can the Clinician assist with?

- Provide crisis psychiatric evaluation
- Create a safety plan
- Work with Outpatient Providers
- Create referrals for services
- Assist with de-escalation
- Assist with determining best course of action for criminal vs hospitalization
- Provide ongoing short-term "bridge" therapy
- Provide intensive Care
 Coordination/Case Management
 Services



During this time the Front Line Initiative: a collaboration between Tewksbury, Billerica, Dracut, Chelmsford, and Tyngsborough Police Departments want to be sure to provide members of our communities with important access to our Clinical Staff.

Our Initiative has access to:

- Mental Health Clinicians
- · Peer Recovery Coaches for those struggling with substance use
- Licensed Drug and Alcohol Clinical

Services we provide:

- Teletherapy
- Phone Follow-up
- · Individual and Group Recovery Services
- · Case Management/Referral Services
- · Access to Crisis Care General Supports

Know we are here for you any time you

In case of an emergency please call 911 or emergencies at 978-455-3397.

Reach our Clinical Support Team at our Community (978)-215-9642

> Our Community Line is accessible 24/7

Leave a message and a team member will return your call promptly

For Mental Health Emergencies Call: The Lowell Crisis Team

1230 Bridge Street Lowell, MA (978)-455-3397 Available by Phone 24/7 Office Open: 8am-8pm

For General Information Call: 211 for 24/7 access to referrals and information



During this time the Front Line Initiative: a collaboration between Tewksbury, Billerica, Dracut, Chelmsford, and Tyngsborough Police Departments want to be sure to provide members of our Elder Community with important access to our Clinical Staff.

Our Initiative has access to mental health professionals, peer recovery coaches for those struggling with substance use, and case management/referral services.

Please call our team at 978-215-9642 to make contact with a staff member for services.

We currently have capacity for phone/video conferencing referrals mobile evaluations, and more.

Know we are here for you any time you need us!

In case of an emergency please call 911 or the Lowell Crisis Team for mental health emergencies at 978-455-3397.

Reach our Clinical Support Team at our Community (978)-215-9642

For Psychiatric Emergencies or Mental Health Concerns Call: Lowell Crisis Team

1230 Bridge Street Lowell, MA (978)-455-3397 Available by Phone 24/7 Office Open: 8am-8pm

For General Information Call: 211 for 24/7 access to



THE FRONT DOOR **RECOVERY SUPPORT GROUP**



Hosted By: PAARI AmeriCorps Recovery Coaching Staff
CO-Leaders: Anne Marie (Tewksbury) & Caroline (Wilmington)

In Partnership With: The Front Line Initiative

Where:

https://zoom.us/i/399172107?pwd=dzZLTGFx SU54VFNMb1pPN2grUU5Fdz09

Every Thursday Evening 7:00pm to 8:00pm

Meeting ID: 399 172 107

Drop-In Service No Appointment Needed

No Insurance Required

We Are an Open and Affirming Group Who Welcomes All in Recovery from Any Path as Well as Those Supporting Those in Recovery











Phone: 617-939-5407





Services During COVID

Our Clinical Staff

- Maria Ruggiero- Regional Prevention Coordinator
- Katlynn Bell- Co-Response Clinician
- Anne Marie Yastrzemski-Recovery Coach (PAARI)
- Leanne Maniscalco-Recovery Coach (PAARI)



The Front Line Initiative

(A Regional Police Mental Health Collaborative)

Since 2016 the collaboration between Tewksbury. Billerica, Chelmsford and Dracut has proven to be an undeniable asset to the region. In 2019 we received expansion funding from the DOJ. As part of this expansion we have welcomed Tyngsborough to the collaboration!

Additionally, we have rebranded as a Police Mental Health Collaborative named The Front Line Initiative. So named, for all of the amazing and innovative work being done on the Front Line by all partners in the area of mental health & substance

We would like to share a little about each of the staff

Matthew Page-Shelton, LMHC

Regional Director

Matt is the Regional Director for the Front Line Initiative and provides oversight and clinical leadership to the civilian staff across the collaboration. As Regional Director his focus is on data-driven outcomes and clinical innovation. Matt previously served as the JDP Clinician for the collaboration for 2 years. Matt holds his LMHC licensure in MA, holds his Master of Education in Psychology as well as a Master of the



Fun Fact: Matt has an IMDB page with over a dozen film



Katlynn Bell

Co-Response (JDP Clinician) Katlynn is the newest member to the team! Katlynn is a master's level Crisis Clinician with the Lowell Crisis Team who is assigned to work with the JDP Co-Response Program. Katlynn has been housed at the Crisis Office due to COVID-19 however is excited to get into the field soon She currently is taking calls and completing outreact



Leanne Maniscalco

Leanne joined as a PAARI Recovery Coach in 2019. Leanne is currently working on her LADC certificate.

Leanne works directly with clients from the collaborative
communities providing one on one guidance throughout
the recovery process. Her passion is giving back to
individuals struggling with addiction. She wants them to
know there is hope and that they do have support!



Maria Ruggiero

Regional Prevention Coordinator Maria Ruggiero is a MDPH Certified Prevention Specialist (CPS) and has worked in the substance misuse field since 2007, after graduating from the University of Massachusetts--Lowell with a BS in Community Health and Sustainability. She works with the communities of Billerica, Chelmsford, Dracut, Lowell, Tewksbury, Tyngsborough, Westford and Wilmington on primary prevention and harm reduction strategies.



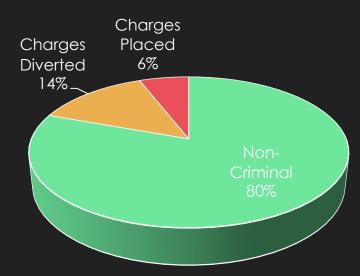
Anne Marie Yastrzemski

Recovery Coach (PAARI)

Anne Marie has been a PAARI Recovery Coach with the team since 2018. As a member of the team she has developed relationships with community partners such as: for the Collaborations weekly recovery group; The Front Door. Anne Marie's focus is on overall wellness and



Our Work by the Numbers



Total MH Calls for Service

❖ 70% of cases where charges were possible ended with the person served receiving appropriate Mental Health/Substance Use treatment.

- ✓ Since 2018 we have had:
 - √ 3,274 Referrals for Co-Response Outreach
 - √ 812 Emergency Room Diversions
 - √ 444 Criminal Charge Diversions

ER Diversion & Criminal Custody Diversion Cost Savings:

(Amounts based on estimates established by Advocates JDP TTAC Center of \$4000 per ER, and \$2500 per Criminal Custody diversion.)

ER Diversion: \$3,248,000
Criminal Custody Diversion: \$1,110,000

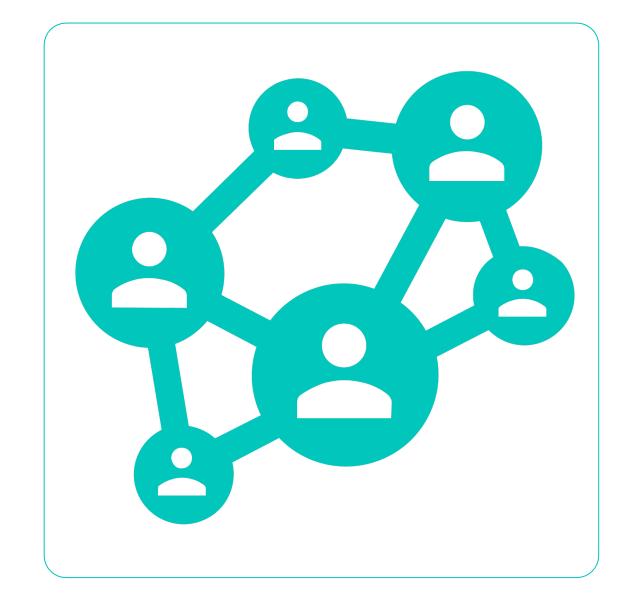
Total Cost Savings Since 2018: \$4,358,000

Current Projects

- Wrap-Around Services for those in our communities struggling with opioid use via our work with BSAS funding in collaboration with the City of Lowell and the Town of Wilmington
- Removing barriers to treatment via our work with transportation initiatives and others
- Creation of a local Crisis Intervention
 Training (CIT) for Officers in the Greater
 Lowell Area
- Expansion of clinical offerings via telehealth, use of LADC clinicians, and expanding Co-response Clinicians

Seeking Community Partners...

O In our move to a Regional Police Mental Health Collaborative we are establishing an Inter-Agency Advisory Council and we are seeking community partners to join us in creating a cross systems approach to helping those in our community living with mental illness and substance use.



How to Contact Us For More...



Community Support Line: (978)-215-9642



Regional Director, Matthew Page-Shelton: PH-(508)-259-5882 E- mpage-shelton@tewksbury-ma.gov



Facebook: FrontLinePMHC



Twitter: @Front_Line_PMHC



Instagram: Front_Line_PMHC