

COVID-19 Community Impact Survey

Thank You for Completing the Survey!

Listed below are resources addressing some of the topics included in the survey.

For more information and updates on COVID-19 in Massachusetts:

- Visit www.mass.gov/covid
- [Sign up for text message alerts](#)
 - Send **COVIDMA** to 888-777
 - Envíe **COVIDMAESP** al 888-777
- [Email](#) the Governor's Office or call **(617) 725-4005**

General Resources

- Massachusetts | To find health and human services available in your community, call [Mass 211](#), call **2-1-1**, or use [live chat](#).
- Massachusetts | Visit [Mass.gov COVID-19 Updates and Information](#) to connect with resources related to:
 - Unemployment insurance
 - Food and economic assistance
 - Business loans and support
 - Childcare providers
 - Renters and homeowners
 - Mental health and well-being
 - Rights related to COVID-19
 - Resources for abuse and neglect
 - Substance use help and prevention
 - Homeless support

COVID-19 Test Locations

- Massachusetts | For more information about COVID-19 testing and to find a testing site near you, visit <https://www.mass.gov/info-details/covid-19-testing>

Applying for Health Insurance

- Massachusetts | To apply for or learn more about MassHealth insurance, contact MassHealth Customer Service at **(800) 841-2900**; TTY: **(800) 497-4648**; or visit <https://www.mass.gov/coronavirus-disease-covid-19-and-masshealth>.

Reporting Unsafe Work Conditions

- If you would like to report an unsafe working condition related to COVID-19, such as a lack of social distancing, personal protective equipment (PPE), hygiene protocols or cleaning and disinfection, please file a COVID-19-Related Workplace Health and Safety complaint with the the Department of Labor

Standards. Your employer cannot retaliate against you for making a complaint about an unsafe working condition: <https://covid-19c.dls.eol.mass.gov/covid19/Complaints/create>

Mental Health

- If you feel sad, lonely, hopeless, or suicidal:
 - Massachusetts | Call or text the 24/7 Samaritans Statewide Helpline at **(877) 870-4673** or visit <https://samaritanshope.org/>.
 - National | Call the National Suicide Prevention Lifeline at **1 (800) 273-8255** or visit <https://suicidepreventionlifeline.org/> to chat online or find a therapist in your area.

Mental Health & Substance Use

- Massachusetts | If you or a family member are experiencing a mental health or substance use disorder crisis, call Emergency Services Program/Mobile Crisis Intervention at **1 (877) 382-1609**, or visit <https://www.mass.gov/emergencycrisis-services>.
- National | If you or someone you know is in need of mental health and/or substance use services, search for treatment facilities using the Behavioral Health Treatment Services Locator: <https://findtreatment.samhsa.gov/> or call the National Helpline at **1 (800) 662-4357**.

Substance Use and Tobacco Use

- Massachusetts | To access resources and support for people who maybe be using substances, for people in recovery, or for their loved ones, call the Massachusetts Substance Use Helpline at **(800) 327-5050** or visit <https://helplinema.org/covid-19-resources-for-ma/>.
- Massachusetts | To access resources and support for people who are using tobacco and who want to quit or stay quit, or for their loved ones, call the Massachusetts Smokers' Helpline at **(800) 784-8669** or visit <http://www.makesmokinghistory.org> or <http://www.mass.gov/quitvaping>.

Sexual and/or Domestic Violence

- Massachusetts | If you or someone you know needs information, support or assistance because of unwanted sexual experiences or because of violence or abuse in a romantic or sexual relationship: Call [SafeLink](#) at **(877) 785-2020** or access [SafeLink live chat](#). For deaf and hard-of-hearing call **(877) 785-2020**, or by TTY at **(877) 521-2601**.
- National | Call Domestic Violence 24/7 Hotline at **800-799-7233** or visit <https://www.thehotline.org/help> for the online chat option.
- National | Call Sexual Assault 24/7 Crisis Hotline at **(800) 656-4673** or visit www.rainn.org for the online chat option.
- Massachusetts | If you are concerned about how you are treating people in your life, including the person you are dating/seeing, we invite you to reach out to talk to someone about how to navigate your current and past relationships. Call **2-1-1** or visit: <https://mass211.org/resources/resources-for-being-a-safe-dating-relationship-partner/> for resources in your area.
- National | For confidential support, guidance, or more information about addressing sexually worrisome behavior in yourself or someone you care about, contact Stop It NOW Helpline through chat, email or a phone at **1-888-773-8368** or <http://www.stopitnow.org/help-guidance>.

Racism/Discrimination

- Massachusetts | To file a complaint about discrimination occurring in the workplace, housing, public places, access to education, lending, or credit, call the Massachusetts Commission Against Discrimination at **(617) 994-6000**; TTY **(617) 994-6196**; **(617) 994-6071** (Español, 中文, Kreyòl

Ayisyen, русский, Português, etc.) or visit <https://www.mass.gov/orgs/massachusetts-commission-against-discrimination>.

Parenting/Parental Stress

- Massachusetts | To talk to someone about parental stress or connect with local parenting resources in your area, call the 24/7 Parental Stress Line: **1 (800) 632-8188**.

Older Adult Services

- Massachusetts | To access services or for information about aging-related issues, visit <https://www.mass.gov/orgs/executive-office-of-elder-affairs>. To connect to a local elder service agency, call **(800) 243-4636**.

Reporting Abuse

- Massachusetts | To report child abuse or neglect: contact the MA Department of Children and Families (DCF) Office; for instructions on reporting, visit: <https://www.mass.gov/how-to/report-child-abuse-or-neglect>.
- Massachusetts | To report abuse of a person age 60 or older who lives in the community: Call the MA Executive Office of Elder Affairs at **(800) 922-2275** or visit <https://www.mass.gov/how-to/report-elder-abuse>.
- Massachusetts | To report abuse of a person with a disability who is aged 18 to 59: call the MA Disabled Persons Protection Commission at **(800) 426-9009**, TTY: **(888) 822-0350**.
- Massachusetts | To report abuse of a person by nursing home or hospital: call the MA Department of Public Health at **(800) 462-5540**.