

Sarah Eknaian



EDUCATION

Master of Social Work, (3.9 GPA) October 2021, Simmons University, Boston, MA

Master of Science in Crime and Justice Studies, (3.9 GPA) September 2013 Suffolk University, Boston, MA

Bachelor of Arts in Criminal Justice and Psychology, *cum laude*, (3.5 GPA) May 2011 Eastern Nazarene College, Quincy, MA

RELATED EXPERIENCE

Jail Diversion Clinician, *Newton Police Department*, Newton, MA December 2018- Present

- Mental health clinician embedded in the Newton Police Department out of the Community Services Bureau
- Co-respond with police to conduct mental health evaluations on individuals in crisis
- Assist police with obtaining a Section 12 during a call for service
- Complete mental health crisis evaluations while in the field with police
- Divert vulnerable populations away from the criminal justice system into mental health or substance use treatment
- Provide referrals to mental health treatment and states agencies
- Assist families and police in Section 35 applications
- Accompany police on death notifications
- Provide support and referrals to individuals following a traumatic event
- Conduct overdose follow up to provide addiction treatment and support to families
- Collaborate with local treatment providers, town agencies, and state agencies on betterment of individuals requiring assistance

Jail Diversion Clinician, *Advocates*, Watertown, MA July 2016- December 2018

- Mental health clinician embedded in the Watertown Police Department
- Work with members of the Community Services Division of the police department
- Co-respond with police to conduct mental health evaluations on individuals in crisis
- Assist police with obtaining a Section 12 during a call for service
- Complete mental health crisis evaluations while in the field with police
- Divert vulnerable populations away from the criminal justice system into mental health or substance use treatment
- Work cohesively with police by completing daily ride alongs
- Provide referrals to mental health treatment and states agencies
- Assist families and police in Section 35 applications
- Accompany police on death notifications
- Provide support and referrals to individuals following a traumatic event
- Conduct overdose follow up to provide addiction treatment and support to families
- Complete quality assurance data entry to Department of Mental Health
- Collaborate with local treatment providers, town agencies, and state agencies on betterment of individuals requiring assistance
- Participate in monthly opioid task force meetings, hoarding task force meetings and

- operations meetings with commanding officers
- Train public safety officers on Mental Health First Aid

Protective Services Support Worker, *Springwell, Inc.*, Waltham, MA October 2015- July 2016

- Record intakes of elders abuse, financial exploitation, or neglect
- Input information on elders at risk into adult protective services database
- Assist Protective Services Workers with investigations by going on home visits, contacting collaterals about cases, and organizing transportation for elders
- Complete quality assurance data entry on intakes, investigations and supervision of protective services cases
- Prepare documents in legal cases that have been referred to the District Attorney
- Work cohesively with supervisors and other department members on cases to ensure long-term safety and well-being of elders

Residential Rehabilitation Coordinator, *South Shore Mental Health*, Quincy, MA November 2014 – October 2015

- Worked on site at a residential location
- Advocated for caseload of 5 male clients, ages 50-65 with limited psychological ranges of functioning due to severe mental illness
- Developed, implemented, and monitored treatments plans focused on behavioral, cognitive, and medical issues treatment plans
- Oversaw medication management
- Provided fiscal management of clients' funds
- Served as the primary liaison for service providers, family, and guardians
- Worked cohesively with supervisors and other staff members to ensure well-being of clients
- Served as Human Rights Officer on site as a representative to ensure human rights of residents have not been compromised and mediate as needed with investigations

Keyholder, *J.Crew*, Braintree, MA July - December 2014

- Operations focused with responsibilities which include keeping records of daily and monthly sales goals for store, paying end of month bills, organization of back office
- Ensured business had necessary supplies to operate at maximum potential
- Completed staffing schedule for store to ensure coverage while balancing hours allotted from corporate office
- Reconciled banking for store and kept bank records up to date
- Utilized leadership skills in keeping staff motivated to meet company expectations
- Promoted business through positive customer service interactions
- Worked cohesively with fellow management team as business owners

Substance Abuse Counselor, *Spectrum Health Systems, Inc.*, Framingham, MA September 2011 - February 2012

- Employed on location at the Massachusetts Correctional Institution in Framingham
- Employed as a Case Manager with the First Step Program (Detoxification unit)
- Maintained caseload of 10+ inmates
- Met with inmates twice a week to discuss personal recovery plan and decipher appropriate aftercare program
- Facilitated classes for inmates on topics related to substance abuse
- Performed intakes
- Maintained records of court dates, charges, and substance abuse history
- Provided a therapeutic setting within the challenging environment of a detoxification

- Gained knowledge of various substances and the effects on the human psyche and body
- Worked in a team setting with other counselors as well as with employees of the DOC

Intern, Commonwealth of Massachusetts, Quincy Police Department, Quincy, MA January - May 2011

- Accompanied officers on their patrol around the city of Quincy; population of 93,000+ people patrol
- Entered written citations into computer database
- Observed Communications/Dispatch unit and Police Academy class
- Participated with D.A.R.E. at Sterling Middle School, encouraging youth to recognize and stay away from drugs and alcohol

Intern, State of Connecticut, Office of Adult Probation, Manchester, CT Seasonal 2009-2011

- Updated client files on internet database
- Wrote violation of probation warrants and summarized police reports Met with clients for scheduled office visits to discuss compliance with terms and conditions of probation
- Faxed and e-mailed intake evaluations and communicated with various treatment facilities
- Completed written Proceedings and other legal paperwork
- Attended court to serve warrants
- Conducted home visits

VOLUNTEER EXPERIENCE

Outreach Ministry, Highrock Covenant Church, Quincy, MA, May 2014- August 2015

Adult Leader, Wollaston Church of the Nazarene, Quincy, MA, September 2011- September 2012

Participant, Service Trips, Mississippi; West Virginia; Honduras, 2006-2011

Volunteer Coordinator, Rape Aggression Defense Class at Eastern Nazarene College, Quincy, MA

ACHIEVEMENTS

Member and Secretary, Psi Chi (Psychology Honor Society), Eastern Nazarene College, 2010- 2011

Recipient, Outstanding Senior in Criminal Justice Award, Eastern Nazarene College, May 2011

