



Middlesex District Attorney
Marian T. Ryan

To learn more about
Cut It Out Middlesex
or to arrange a training at
your school or salon,
please contact
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Director of
Community Partnerships
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Office of the District Attorney
15 Commonwealth Avenue
Woburn, MA 01801
781.897.8300
www.middlesexda.com

Domestic violence does not discriminate. From large cities to small towns, it affects people of any age, race, religion, gender, sexual orientation and socio-economic status. Victims confront a series of barriers when trying to leave an abusive relationship. These barriers may be social, cultural, religious, familial or financial in nature.

Launched in 2002 by the Women's Fund of Greater Birmingham and the Alabama Coalition Against Domestic Violence, Cut It Out has become the national training program of the Salons Against Domestic Abuse Fund. We have used this concept to create **Cut It Out Middlesex** in an effort to train cosmetology students from vocational high schools and adults from professional academies before they enter the workforce. We also offer trainings to private salons.

Cut It Out Middlesex works to create awareness around the issue of domestic violence at the earliest stage of students' professional development. Salon professionals are in a unique position to observe physical injuries on their clients' heads, faces, arms and hands. Since many salon professionals build long-standing relationships with their clients, it is not unusual for them to serve as confidants, enabling salon professionals to identify warning signs common in abusive relationships.

Participants learn how to spot signs of domestic violence and how to safely refer clients to local community service providers. The program introduces and aligns participants with domestic violence service agencies as well as domestic violence officers from local police departments.

RESOURCES

Safelink 24-Hour Hotline
(877) 785-2020
TTY: (877) 521-2601

Middlesex District Attorney's Office
(781) 897-8300
www.middlesexda.com

Alternative House (Lowell area)
(888) 291-6228
www.alternative-house.org

Domestic Violence Services Network
(Concord area)
(888) 399-6111
www.dvvap.org

REACH Beyond Domestic Violence
(Waltham & Woburn areas)
(800) 899-4000
www.reachma.org

RESPOND (Somerville & Malden areas)
(617) 623-5900
www.respondinc.org

Transition House (Cambridge area)
(617) 661-7203
www.transitionhouse.org

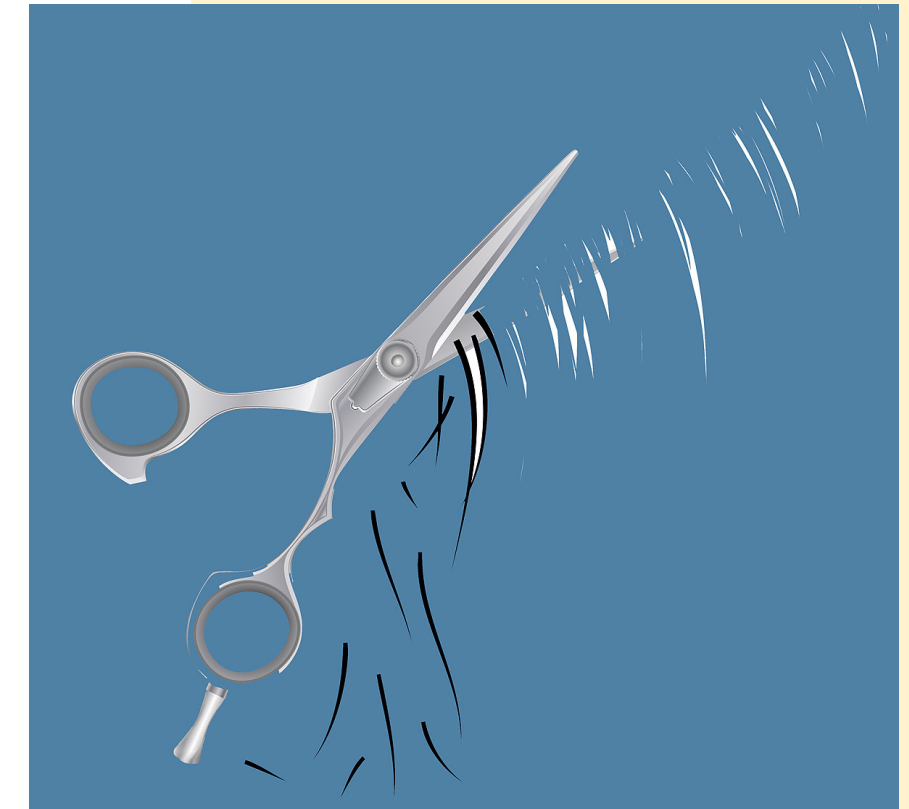
Voices Against Violence
(Framingham area)
(508) 593-1125
www.smoc.org

Gay Men's Domestic Violence Project
(800) 832-1901
www.gmdvp.org

The Network/La Red (LGBT)
(617) 742-4911
www.tnlr.org



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DOMESTIC VIOLENCE

- Missing hair
- Damaged hair
- Bumps, marks and scars on face and scalp
- Red marks or bruising on neck
- Bloodshot eyes
- Scratches or cuts on hands and wrists
- Unusual excuses for injuries
- Missed appointments
- Anxiety
- Depression
- Headaches, backaches and physical soreness
- Isolation from family and friends



KNOW THE SIGNS

Domestic violence extends beyond private settings. Abusive behavior and signs of abuse often present themselves in public places such as schools, workplaces, stores, restaurants and other social environments. Because of this, raising awareness about domestic violence is an important public safety measure.

The Middlesex District Attorney's Office is committed to breaking down barriers against disclosure of abuse through innovative programming, partnerships, awareness campaigns and outreach. **Cut It Out Middlesex** incorporates all of these approaches into one.

KNOW YOUR CLIENT

Getting to know your clients and forming relationships are essential to the cosmetology profession. Building a strong rapport with clients will encourage them to return in the future. This benefits not only your business, but can be a life saver to a client in need of help.

When clients feel comfortable in your presence, they may be inclined to share personal information with you. This could result in a client disclosing abuse. Even if a disclosure does not occur, you are still in a unique position to sense or notice when someone has been abused.

Educate yourself about the signs of domestic violence and know the dangers of an unhealthy relationship.

You may be able to help.



YOU SHOULD

- Be supportive and nonjudgmental
- Respect boundaries
- Never confront an abuser
- Offer resources for safety and services, not directives
- Display pamphlets, brochures and other resources at the salon
- Build relationships with local service providers and law enforcement

ARE YOU CONCERNED?

Does your client's partner

or exhibit the following:

- Dictate how the client should look and dress (hairstyle, hair color, nail care, wardrobe, etc.)
- Constantly call or text the client during appointments
- Accompany the client to appointments
- Approve the dates and times of appointments
- Extreme jealousy
- Controlling behavior
- Stalking
- Manipulation
- Verbal and emotional abuse
- Physical abuse
- Forced or coerced sex
- Financial abuse
- Exercise of power